

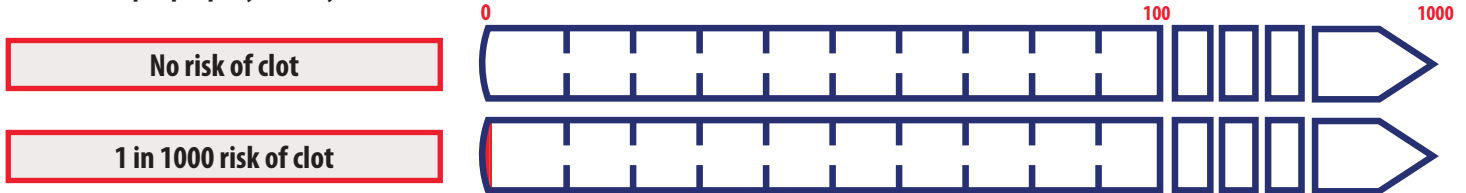


**Thrombosis** Canada  
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# You Have Protein C (PC) Deficiency

## What is Protein C Deficiency?

- 1 in 1000 people per year may form blood clots in their veins



- Protein C is a protein in blood that stops your blood from making clots
- You can be born with a genetic condition (passed down in families) where you do not have enough protein C
- This is a rare condition
  - About 3 in 1000 people have it
- Information on this sheet focusses on people who have Protein C Deficiency

## What is my risk of a first time clot?



- Protein C Deficiency is a strong risk factor for clot

## What is my risk of clot on estrogen (birth control/hormone replacement)?



- If you or your family has had clots, talk to your doctor about birth control options

## What is my risk of clot during pregnancy?



- Ask if you need anticoagulants ("blood thinners") during pregnancy to prevent clot

## What is my risk of clot with surgery?



- You should receive anticoagulants ("blood thinners") after surgery to prevent blood clots

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