



Thrombosis Canada
Thrombose Canada

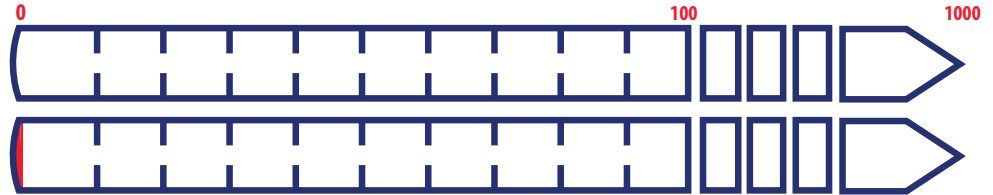
You Have Antithrombin (AT) Deficiency

What is Antithrombin Deficiency?

- 1 in 1000 people per year may form blood clots in their veins

No risk of clot

1 in 1000 risk of clot



- Antithrombin is a protein in blood that stops your blood from making clots
- You can be born with a genetic condition (passed down in families) where you do not have enough working antithrombin
- This is a very rare condition
 - About 4 in 10,000 or 1 in 2,500 people have this
- Information on this sheet focuses on people who have Antithrombin Deficiency

What is my risk of a first time clot?

Increased risk from 1 in 1000 per year to 5-10 in 1000 per year



- Antithrombin Deficiency is a strong risk factor for clot

What is my risk of clot on estrogen (birth control/hormone replacement)?

43 in 1000 (about 4 in 100) women on estrogen per year will get a clot



- If you or your family has had clots, talk to your doctor about birth control options

What is my risk of clot during pregnancy?

41 in 1000 (about 4 in 100) women per pregnancy will get a clot



- Ask if you need anticoagulants ("blood thinners") during pregnancy to prevent clot

What is my risk of clot with surgery?

81 in 1000 (about 8 in 100) people per surgery will get a clot



- You should receive anticoagulants ("blood thinners") after surgery to prevent blood clots

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